



## *First Courses*

Seafood lasagna	€ 13
Rice salad <i>alla pescatora</i> (with seafood)	€ 15
Pasta salad with fresh tuna, mozzarella, capers and olives	€ 12
Eggplant parmigiana	€ 9





## *Our salads*

*A base of mixed salad greens topped with...*

Tuna, green beans, potato, anchovies, and “datterini” tomatoes	€ 10
Shrimp, corn, orange, walnuts and balsamic	€ 12
Raw langoustine and tuna, cherry tomatoes and avocado	€ 15
Tomato, mozzarella, and *Martini® marinated sea bream	€ 10
Burrata with raw shrimp	€ 12

*\*Notice I put a trademark ® next to “Martini” to differentiate it from the cocktail....*





## *Our snacks*

Olive bread sandwich with tuna mortadella, tomato, oregano and shredded mozzarella ( <i>stracciatella</i> )	€ 13
Our Isola club sandwich (with smoked swordfish, egg, pancetta, lettuce, tomato and mayonnaise)	€ 12
Our “crudit�” (raw langoustine, shrimp, mussels, walnuts, clams, and oysters)	€ 9 100g
Hot dog sea or land (choose from meat “wurstel”, or tuna “hot dog”, on hot dog bun)	€ 8
Sea bream cheeseburger	€ 8
Traditional “frisa” (bagel-like local bread) with tomato and arugula/rocket	€ 4
Our Isola “frisa” (bagel-like local bread) topped with tomato, shredded mozzarella ( <i>stracciatella</i> ) and raw shrimp	€ 8





## *Dessert*

Pasticciotto leccese

€ 5

*(pastry creme-filled tart from Lecce)*

Artisanal gelato

€ 5

*(ask about flavors)*

Fresh fruit

€ 7

BEACH  
MENÙ



## *Ingredients or processing aids causing food allergies and intolerances*

1. Cereals containing gluten namely wheat such as spelt and Kamut (Khorasan wheat), rye, barley, oats and their hybridized strains and products thereof, except:
  - a) wheat based glucose syrups including dextrose
  - b) wheat based maltodextrins
  - c) glucose syrups based on barley
  - d) cereals used for making alcoholic distillates including ethyl alcohol of agricultural origin
2. Crustaceans and products thereof (for example prawns, lobster, crabs and crayfish)
3. Egg and products thereof • Fish and products thereof, except: a) fish gelatin used as carrier for vitamin or carotenoid preparations b) fish gelatin or Isinglass used as a fining/clarifying agent in beer and wine
4. Peanuts and products thereof
5. Soybeans and products thereof, except:
  - a) fully refined soybean oil and fat
  - b) natural mixed tocopherols (E306), natural D-alpha tocopherols, natural D-alpha tocopherol acetate and natural D-alpha tocopherol succinate from soybean sources
  - c) vegetable oils derived phytosterols and phytosterol esters from soybean sources
  - d) plant stanol ester produced from vegetable oil sterols from soybean sources
6. Milk and products thereof (including lactose), except:
  - a) whey used for making alcoholic distillates including ethyl alcohol of agricultural origin
  - b) lactitol
7. Nuts, namely almonds (*Amygdalus communis* L.), hazelnuts (*Corylus avellana*), Walnuts (*Juglans regia*), cashew nuts (western *anacardium*), pecan nuts [*Carya illinoensis* (Wangenh.) K. Koch], Brazil nuts (*Bertholletia excelsa*), pistachios (*Pistacia vera*), Macadamia nuts, or Queensland nuts (*Macadamia ternifolia*) and products thereof except for nuts used for making alcoholic distillates including ethyl alcohol of agricultural origin
8. Celery and products thereof
9. Mustard and products thereof
10. Sesame seeds and products thereof
11. Sulphur dioxide and/or sulphites at concentrations of more than 10mg/kg or 10mg/L (litre) in terms of the total SO<sub>2</sub> which are to be calculated for products as proposed ready for consumption or as reconstituted according to the instructions of the manufacturers
12. Lupin and products thereof
13. Mollusks and products thereof (for example mussels, clams, oysters, scallops, snails and squid)